

Self-Defense Class Waiver, Release and Indemnity Agreement

Student:

Last name: _____ First name: _____ Age _____

Birth date: _____/_____/_____ Male _____ Female _____

Home Address: _____ City: _____ State: _____ Zip: _____

phone: _____ Email: _____

The responsible party must read the entire waiver before signing. I do hereby request and agree to participate in self-defense training classes offered by Granby Recreation & Leisure Services and Sam Shulman, Instructor.

I recognize that risks of injury are common to any self-defense classes that my child and/or I participate in and I do hereby waive and release Granby Recreation & Leisure Services and Sam Shulman (Instructor) from and against any and all claims, actions, causes of action, damages, costs, liabilities, expense of judgments, including attorney's fees and court costs, whatsoever, that arise out of my child and/or my participation in his self-defense classes. In addition, I recognize that self-defense training involves the instructor and student to have body contact, including and not limited to: grabs, holds, punches, strikes, kicks and other contact simulating real attack situations, to practice releases and self-defense responses. Also, I recognize that self-defense training carry some risk of injury (sprains, strains, bruises, dizziness, difficulty breathing, heart attack, bleeding), and that participation may result in other damage, due not only to instructor actions, inaction or negligence, but also to that of others associated with and/or present at these activities. I hereby execute this Waiver and Release form permitting myself and/or my child to participate in the self-defense training classes and I personally assume all risks involved or in any way related to my participation or my child's in said self-defense training classes, whatsoever, whether known or unknown to me at the present time. Participation is voluntary and entirely of my own free will and I and/or my child shall wear all safety equipment requested by Sam Shulman (Instructor) and/or I deem necessary.

I hereby represent and certify that I am not aware of any medical condition, for myself and/or my child which would increase our risk of illness and injury as a result of participating in a self-defense class. If I do have any such conditions and would like to proceed with self-defense classes I agree to obtain my physician's consent before doing so. My Heirs, my Executors, Successors and I hereby waive all claims of accidental and or negligent tort damages or injury against Granby Recreation & Leisure Services and Sam Shulman (Instructor), and any physical location where the self - defense classes are taught. I understand all self-defense training classes are about one (1) hour in duration.

Entire Agreement Clause: I and/or my child acknowledges that neither Sam Shulman (Instructor) nor anyone else has made any representations or promises upon which he/she relied that are not stated in this agreement. This document contains the entire agreement between the Student and Sam Shulman (Instructor) and replaces any other written agreement. If a court of law declares any part of this agreement is invalid, it shall not invalidate the remaining parts, which continue to be unaffected. If Sam Shulman (Instructor) does not enforce any rights in this agreement for any reason, he does not waive the right to enforce it later. Granby Recreation & Leisure Services's authorized staff or Sam Shulman (Instructor) has the authority to immediately terminate any student for repeated Misconduct in any class activity, which is not conducive to the proper behavior of Granby Recreation & Leisure Services or Sam Shulman (Instructor). Any monies received for Self-Defense training classes are forfeited upon termination.

Date _____

X _____

Signature, or parent / guardian signature (if you are under 18, unless emancipated): Student

Print Student Name